

**Wallenpaupack Area  
Middle School**

*Menu Subject to Change*

**Breakfast Meal Prices:**  
FREE Breakfast for All Students  
Milk .50

**Daily Breakfast Offerings**

Grab-N-Go Breakfast  
Choice of:  
Assorted Whole Grain Cereals  
Cereal Bars or Pop Tarts  
Whole Grain Muffins  
Assorted Fresh or Canned Fruit  
Or Hot Item of the Day

**In Addition to:**  
100% Fruit Juice  
1% White or Chocolate  
Fat-Free White or Strawberry

*Students MUST select 1/2 cup of  
fruit or vegetables daily*

**Lunch Meal Prices:**  
FREE Lunch for All Students  
Milk .50

**Adult Lunch Price**  
\$5.00

**Daily Lunch Offerings**

Grab-N-Go Deli Sandwiches  
Chicken Caesar Salads  
Yogurt Parfait  
PBJ Sandwiches  
Fresh Vegetables  
Assorted Fresh or Canned Fruit

**In Addition to:**  
1% White or Chocolate  
Fat Free White or Strawberry



**BUCKHORNS**



*Leafy greens*

**April 2021**

Mon	Tue	Wed	Thu	Fri
<p><i>Students choose at least 3 of the 5 items listed to qualify as a Lunch, 1 item MUST be 1/2 cup fruit or vegetable:</i></p> <p><i>Meat/Meat Alternative Bread/Roll Milk</i></p> <p><i>Vegetable Fruit</i></p> <p><i>Free Breakfasts and Lunches for all children ages 18 &amp; under This Institution is an equal opportunity provider</i></p>		<p><b>SPRING</b></p>	<p>1 <b>WG Chicken Strips</b> <b>Bowtie Noodles</b> <b>Cheese Sauce</b> <b>Steamed Broccoli</b> <b>WG Dinner Roll</b> <b>Pear Slices</b></p>	<p>2 <b>Easter Recess</b> <b>School Closed</b></p>
<p>5 <b>Easter Recess</b> <b>School Closed</b></p>	<p>6 <b>Hamburger or Cheese Burger on a WG Bun</b> <b>Romaine/Tomato/Pickles</b> <b>Steamed Peas</b> <b>Potato Puffs</b> <b>Pear Slices</b></p>	<p>7 <b>Chicken &amp; Cheese Broccoli Bake</b> <b>Steamed Broccoli</b> <b>WG Hot Breadstick</b> <b>Peach Slices</b></p>	<p>8 <b>Meatball Hoagie</b> <b>Shredded Mozzarella</b> <b>Twister Fries</b> <b>Roasted Vegetables</b> <b>Sidekick Frozen Juice Cup</b></p>	<p>9 <b>WG Wedge Pizza</b> <b>Fresh Veggies/Dip</b> <b>Chicken Noodle Soup</b> <b>Apple Wedges</b></p>
<p>12 <b>Walking Taco with Tortilla Chips</b> <b>Lettuce/Cheese Cup</b> <b>Diced Tomatoes/Salsa</b> <b>Steamed Corn</b> <b>Hashbrown Patty</b> <b>Peach Slices</b></p>	<p>13 <b>Pulled Pork on a WG bun</b> <b>Oven Baked Fries</b> <b>Cole Slaw</b> <b>Pineapple Tidbits</b></p>	<p>14 <b>WG Chicken Strips</b> <b>Bowtie Noodles</b> <b>Cheese Sauce</b> <b>Steamed Broccoli</b> <b>WG Dinner Roll</b> <b>Applesauce/Cinnamon</b></p>	<p>15 <b>WG Rotini</b> <b>Meat or Cheese</b> <b>Romaine Salad with Spinach</b> <b>WG Hot Breadstick</b> <b>Peach Slices</b></p>	<p>16 <b>Early Dismissal</b> <b>Bagged Lunches</b> <b>Turkey &amp; Cheese Wrap</b> <b>Bagged chips</b> <b>Baby carrots</b> <b>Apple wedges</b> <b>Chocolate Chip Cookie</b></p>
<p>19 <b>Hamburger or Cheese Burger on a WG Bun</b> <b>Romaine/Tomato/Pickles</b> <b>Potato Puffs</b> <b>Baby Carrots/Dip</b> <b>Peach Slices</b></p>	<p>20 <b>WG Popcorn Chicken</b> <b>Romaine Salad with Spinach</b> <b>WG Steamed Rice</b> <b>WG Dinner Roll</b> <b>Mandarin Orange Slices</b></p>	<p>21 <b>Walking Taco with Tortilla Chips</b> <b>Lettuce/Cheese Cup</b> <b>Diced Tomatoes/Salsa</b> <b>Steamed Corn</b> <b>Hashbrown Patty</b> <b>Mixed Fruit</b></p>	<p>22 <b>WG Wedge Pizza</b> <b>Veggies: Broccoli, Baby Carrots, Peppers/Dip</b> <b>Teddy Grahams</b> <b>Applesauce/Cinnamon</b></p>	<p>23 <b>Early Dismissal</b> <b>Bagged Lunches</b> <b>Ham &amp; Cheese Pretzel Roll</b> <b>Bagged chips</b> <b>Baby carrots</b> <b>Apple wedges</b> <b>Chocolate Chip Cookie</b></p>
<p>26 <b>Oven Roasted Chicken</b> <b>Mashed Potatoes/Gravy</b> <b>Steamed Green Beans</b> <b>WG Dinner Roll</b> <b>Sidekick Frozen Juice Cup</b></p>	<p>27 <b>Chili/Tortilla Chips</b> <b>Cheddar/Sour Cream</b> <b>Steamed Corn</b> <b>WG Steamed Rice</b> <b>Orange Wedges</b></p>	<p>28 <b>Hot Dog or Chili Dog</b> <b>On a WG bun</b> <b>Oven Baked Fries</b> <b>Baked Vegetarian Beans</b> <b>Baby Carrots/Dip</b> <b>Peach Slices</b></p>	<p>29 <b>Chicken and Cheese Quesadillas</b> <b>Salsa/Sour Cream</b> <b>Corn with Black beans</b> <b>Potato Puffs</b> <b>Applesauce/Cinnamon</b></p>	<p>30 <b>Early Dismissal</b> <b>Bagged Lunches</b> <b>WG Wedge Pizza</b> <b>Baby carrots</b> <b>Apple wedges</b> <b>Chocolate Chip Cookie</b></p>