



support school healthy fundraising

Parent Fact Sheet

Over the years, fundraising activities have included the sale of candy, cookies, and other foods low in nutritional value. Are they good sellers? Definitely! However, are they the best options?

School fundraisers are great opportunities to show your commitment to school wellness. You can help your school meet its financial needs and support your district's wellness policies. Consider fundraising options that send positive health messages to students, parents, and the community. Here are a few ideas to get you started.

Consider options other than food...

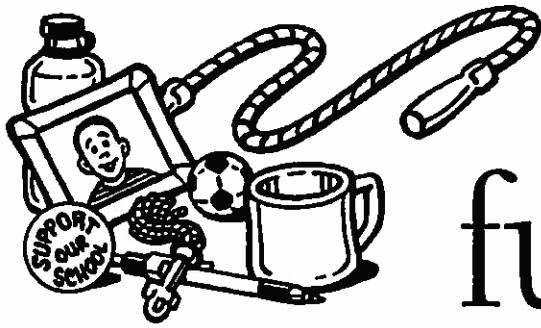
- ★ Calendars
- ★ Greeting cards
- ★ Note cards
- ★ Stationery
- ★ Note pads
- ★ Seasonal decorations
- ★ Ornaments
- ★ Gift wrap, ribbons
- ★ Candles
- ★ Potpourri
- ★ Magazines
- ★ Flowers, plants, bulbs, seeds

Promote school spirit...

- ★ Apparel
- ★ Magnets
- ★ License plate holders, bumper stickers, decals

continued on other side...





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...continued from other side

- ★ Key chains
- ★ Stadium blankets, seat cushions/pillows
- ★ Mugs, cups, water bottles
- ★ Mini-sports balls
- ★ Backpacks, duffle bags, tote bags
- ★ Pens, pencils, erasers
- ★ Flash drives
- ★ Picture frames
- ★ School art
- ★ Calendars, sticky note pads

Host FUNdraising activities...

- ★ Talent show
- ★ Bike- or dance-a-thons
- ★ Read-a-thons
- ★ Fun walk or run
- ★ Dance
- ★ Craft sale
- ★ Book fair
- ★ Auction
- ★ Carnival or festival
- ★ Scavenger hunt
- ★ Family activity night: skating, bowling, walking
- ★ Clinics: sports, cheerleading
- ★ Tournament: basketball, golf, volleyball, tennis

Get moving...

- ★ Pedometers
- ★ Hackey sacks, pillow balls
- ★ Jump ropes
- ★ Frisbees®

Go green...

- ★ Reusable grocery shopping bags
- ★ Environmentally friendly products
- ★ Recycled products: tote/shopping bags, paper items, pens, pencils and mugs

Take a chance to win...

- ★ Gifts baskets, theme bags
- ★ School event tickets
- ★ V.I.P. parking places
- ★ Gift certificates

For more information:

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