

# *Wallenpaupack Area School District*

**COURSE:** Allied Health III

**GRADE LEVEL:** 12

**LENGTH OF COURSE:** 90 days/year 2 blocks/day

**TEXT:** Mosby's Textbook for Nursing Assistants 8th Edition

**PUBLISHER:** Mosby

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**COURSE DESCRIPTION:**

Clinical component: students work 4 days per week in hospital and long-term care setting.  
Classroom curriculum covers Basic Emergency Care, Assisting with the Physical Exam, Collecting and Testing Specimens, The Person having Surgery, and Heat and Cold Applications.

**CURRICULUM WRITING TEAM:**

Karen Beilman

**DATE OF REVISION:**

2013

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# Wallenpaupack Area School District

Allied Health III

**Grade Level:** 12

**Course:**

**Unit:** Basic Emergency Care

**PA Standards:** 13.1.C,D,F  
13.2.B,C,D,G

Pennsylvania Department of Education, program of Study Standards  
500

<b>Topics:</b>	<b>Skills:</b>
<ul style="list-style-type: none"> <li>Emergency Care</li> <li>Basic Life Support</li> <li>CPR- Adult 1/2 Rescuer                             <ul style="list-style-type: none"> <li>Infant</li> <li>Child</li> </ul> </li> <li>Foreign Body Airway Obstruction</li> <li>Hemorrhage</li> <li>Shock</li> <li>Seizures</li> <li>Burns</li> <li>Fainting</li> <li>Stroke</li> </ul>	<ul style="list-style-type: none"> <li>Describe key terms/general rules in emergency care.</li> <li>Identify signs of cardiac arrest/obstructed airway.</li> <li>Identify signs, symptoms and emergency care for:                             <ul style="list-style-type: none"> <li>Hemorrhage, Shock, Seizure, Burns, Fainting and Stroke.</li> </ul> </li> <li>Perform Procedures described in this unit.</li> </ul>
<b>Activities:</b>	<b>Performance Assessments:</b>
<ul style="list-style-type: none"> <li>Study Guide</li> <li>Cooperative Learning</li> <li>Oral/written presentations</li> <li>Student Demonstrations</li> <li>Visual Aides</li> <li>DVD's</li> <li>Practice with CPR Manikins</li> <li>ASHI Basic First Aid Certification</li> </ul>	<ul style="list-style-type: none"> <li>Observation of skill performance</li> <li>Oral Questioning</li> <li>Projects/Presentations</li> <li>Unit test</li> <li>ASHI Basic First Aid Certification practical &amp; written exam</li> </ul>

# Wallenpaupack Area School District

**Course:** Allied Health III

**Grade Level:** 12

**Unit:** Assisting with the Physical Examination

**PA Standards:** 13.1.C,D  
13.2.B,C,D,G  
13.3.A,B,C,E,G

Pennsylvania Department of Education, program of Study Standards  
800

<b>Topics:</b>	<b>Skills:</b>
Your Role Equipment Preparing the Person Positioning and Draping Assisting with the Exam	Define key terms. Explain what to do before, during and after an exam. Identify the equipment used for an exam. Describe how to prepare and drape a person for a physical exam. Explain the rules for assisting with an exam.
<b>Activities:</b>	<b>Performance Assessments:</b>
Study Guide Cooperative Learning Oral/written presentations Student Demonstrations Visual Aides DVD's	Oral Questioning Projects/Presentations Unit test

# Wallenpaupack Area School District

**Course:** Allied Health III

**Grade Level:** 12

**Unit:** Collecting and Testing Specimens

**PA Standards:** 13.1.C,D,E  
13.2.B,C,D,g

Pennsylvania Department of Education, program of Study Standards  
800

<b>Topics:</b>	<b>Skills:</b>
Urine Specimens Stool Specimens Sputum Specimens Blood Glucose Testing	Define key terms and abbreviations. Explain why urine, stool, sputum and blood specimens are collected. Explain the rules for collecting specimens. Describe the different types of urine specimens. Describe the equipment used for blood glucose testing. Identify the sites for skin punctures. Perform the procedures described in this unit.
<b>Activities:</b>	<b>Performance Assessments:</b>
Study Guide Cooperative Learning Oral presentations Student Demonstrations Visual Aides DVD's	Oral Questioning Projects/Presentations Unit test Skill demonstrations

# Wallenpaupack Area School District

**Course:** Allied Health III

**Grade Level:** 12

**Unit:** The Person Having Surgery

**PA Standards:** 13.1.A,C,D,F  
13.2.B,D,G  
13.3.B,F,G

Pennsylvania Department of Education, program of Study Standards  
800

<b>Topics:</b>	<b>Skills:</b>
Psychological Care Pre-operative Care Sedation and Anesthesia Post-Operative Care	Define key terms and abbreviations. Describe common fears and concerns of surgical patients. Explain how people are prepared for surgery. Describe room preparation for the post-operative patient. List the signs and symptoms to report after surgery. Explain how to meet the person's needs after surgery. Perform procedures described in this chapter.
<b>Activities:</b>	<b>Performance Assessments:</b>
Study Guide Cooperative Learning Oral presentations Student Demonstrations Visual Aides DVD's	Oral Questioning Projects/Presentations Unit test Skill check performance

# Wallenpaupack Area School District

**Course:** Allied Health III

**Grade Level:** 12

**Unit:** Heat and Cold Applications

**PA Standards:** 13.1. A,C,D,E

Pennsylvania Department of Education, program of Study Standards  
800

<b>Topics:</b>	<b>Skills:</b>
Heat Applications Cold Applications Applying Heat and Cold Cooling and Warming Blankets	Define key terms and abbreviations. Identify the purposes effects and complications of heat and cold applications. Identify persons at risk for complications related to heat/cold applications. Describe moist and dry heat/cold applications. Describe rules for applying heat and cold. Explain how cooling and warming blankets are used. Perform procedure described in this chapter.
<b>Activities:</b>	<b>Performance Assessments:</b>
Study Guide Cooperative Learning Oral presentations Student Demonstrations Visual Aides DVD's	Oral Questioning Projects/Presentations Unit test Skill check performance