

# Wallenpaupack Area School District Planned Course Curriculum Guide

## Family and Consumer Science

### 6<sup>th</sup> Grade

**Course Description:**

The 6<sup>th</sup> Grade Family and Consumer Science course introduces students to areas in managing a healthy household. Students will demonstrate their knowledge of child development, child health, and childcare skills along with lifelong lessons in nutrition and reading food labels.

**Revision Date:** October 2022

<b>Wallenpaupack Area School District Curriculum</b>	
<b>COURSE: Family and Consumer Science 6<sup>th</sup> Grade</b>	<b>GRADE/S: 6</b>
<b>UNIT 1: Child Development</b>	<b>TIMEFRAME: 12 classes</b>

**PA COMMON CORE/NATIONAL STANDARDS:**

11.4.6.A: Compare and contrast child development guided practices according to the stage of child development.

11.4.6.B: Identify ways to keep children healthy and safe at each stage of child development.

11.4.6.C: Identify the role of the caregiver in providing a learning environment (e.g., babysitting, daycare, preschool).

11.4.6.D: Identify child-care provider considerations.

11.4.6.E: Identify characteristics of quality literature for children and other literacy enhancing activities.

**UNIT OBJECTIVES (SWBATS):**

**Students will be able to demonstrate their knowledge of child development, child health and child care skills.**

**INSTRUCTIONAL STRATEGIES/ACTIVITIES:**

- Note taking
- Homework
- Cooperative learning
- Peer interaction
- Modeling
- Active participation
- Hands on learning
- Brain Storming
- Problem Solving

**ANCHOR VOCABULARY:**

- Infant
- Toddler
- Preschooler
- Large motor skills
- Small/fine motor skills
- Eye – hand coordination
- Physical Development
- Intellectual Development
- Emotional Development
- Social Development
- Problem solving skills
- Reflexes
- Solitary play
- Parallel play

- **Cooperative play**
- **Moral Development**

**ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):**

- **CDTS (Diagnostic)**
- **Keystones (Summative)**
- **Formative assessments**
- **Classroom participation**
- **Classroom observations**
- **Teacher observation**

**EVIDENCE OF MASTERY/Cut Score (Keystone Exam):**

Students will show growth of their knowledge in Development with a final grade of 85% or better.

**DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)**

- **Appropriate accommodations based on the student's IEP/504 Plan**

**RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):**

- **Instructional videos**
- **Instructional you tube videos**
- **Worksheets/handouts**
- **Power Point presentations**
- **May vary based on class, availability and updates**

**RESOURCE SPECIFIC VOCABULARY:**

- **SAS**
- **Various teacher edition textbooks**

<b>COURSE: Family and Consumer Science 6<sup>th</sup> Grade</b>	<b>GRADE/S: 6</b>
<b>UNIT 2: Nutrition</b>	<b>TIMEFRAME: 10 classes</b>

**PA COMMON CORE/NATIONAL STANDARDS:**

**11.3.6.C Analyze factors that effect food choices.**

**11.3.6.D Describe a well-balanced daily menu using the dietary guidelines and the food guide pyramid.**

**11.3.6.E Explain the relationship between calories, nutrient and food input versus energy output; describe digestion.**

**UNIT OBJECTIVES (SWBATS):**

**-Students will be able to determine the importance of nutrition and wellness as it relates to lifelong learning.**

**-Students will be able to read and understand the Food Label.**

**INSTRUCTIONAL STRATEGIES/ACTIVITIES:**

- Note taking
- Homework
- Cooperative learning
- Peer interaction
- Modeling
- Active participation
- Hands on learning
- Brainstorming
- Problem solving

**ANCHOR VOCABULARY:**

- Nutrition
- Nutrients
- Calories
- Malnutrition
- Protein
- Fats
- Carbohydrates
- Vitamins
- Minerals
- Calcium
- Body composition
- Energy balance
- Eating disorders
- Anorexia Nervosa
- Bulimia Nervosa
- Body Mass Index (BMI)
- MyPlate

**ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):**

- **CDTS (Diagnostic)**
- **Keystones (Summative)**
- **Formative assessments**
- **Classroom participation**
- **Classroom observations**
- **Teacher observation**

**EVIDENCE OF MASTERY/Cut Score (Keystone Exam):**

Students will show growth of their knowledge in Nutrition and reading Food Labels with a final grade of 85% or better.

**DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)**

- **Appropriate accommodations based on the student's IEP/504 Plan**

**RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):**

- **Instructional videos**
- **Instructional you tube videos**
- **Worksheets/handouts**
- **Power Point presentations**
- **May vary based on class, availability and updates**
- **myplate.gov**

**RESOURCE SPECIFIC VOCABULARY:**

- **SAS**
- **Various teacher edition textbooks**
- **myplate.gov**