

# Wallenpaupack Area School District Planned Course Curriculum Guide

## Family and Consumer Science

### 7<sup>th</sup> Grade

**Course Description:**

The 7th Grade Family and Consumer Science course introduces students to areas in managing a healthy household. Students will demonstrate their knowledge of child development, child health, and childcare skills along with lifelong lessons in nutrition and reading nutrition labels.

**Revision Date: October 2022**

| <b>Wallenpaupack Area School District Curriculum</b>                      |                           |
|---|---------------------------|
| <b>COURSE: Family and Consumer Science 7<sup>th</sup></b><br><b>Grade</b> | <b>GRADE/S: 7</b>         |
| <b>UNIT 1: Child Development</b>  | <b>TIMEFRAME: 12 days</b> |

**PA COMMON CORE/NATIONAL STANDARDS:**

11.4.6.A: Compare and contrast child development guided practices according to the stage of child development.

11.4.6.B: Identify ways to keep children healthy and safe at each stage of child development.

11.4.6.C: Identify the role of the caregiver in providing a learning environment (e.g., babysitting, daycare, preschool).

11.4.6.D: Identify child-care provider considerations.

11.4.6.E: Identify characteristics of quality literature for children and other literacy enhancing activities.+

**UNIT OBJECTIVES (SWBATS):**

**Students will be able to demonstrate their knowledge of child development, child health and child care skills.**

**INSTRUCTIONAL STRATEGIES/ACTIVITIES:**

- **Note taking**
- **Homework**
- **Cooperative learning**
- **Peer interaction**
- **Modeling**
- **Active participation**
- **Hands on learning**
  - **Brainstorming**
  - **Problem solving**

**ANCHOR VOCABULARY:**

- **Infant**
- **Toddler**
- **Preschooler**
- **Large motor skills**
- **Small/fine motor skills**
- **Eye – hand coordination**
- **Physical Development**
- **Intellectual Development**
- **Emotional Development**
- **Social Development**
- **Problem solving skills**
- **Reflexes**

- Solitary play
- Parallel play
- Cooperative play
- Moral Development

**ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):**

- CDTS (Diagnostic)
- Keystones (Summative)
- Formative assessments
- Classroom participation
- Classroom observations
- Teacher observation

**EVIDENCE OF MASTERY/Cut Score (Keystone Exam):**

Students will show growth of their knowledge in Development with a final grade of 85% or better.

**DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)**

- Appropriate accommodations based on the student's IEP/504 Plan

**RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):**

- Instructional videos
- Instructional you tube videos
- Worksheets/handouts
- Power Point presentations
- May vary based on class, availability and updates

**RESOURCE SPECIFIC VOCABULARY:**

- SAS
- Various teacher edition text books

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|---|------------------------------|
| <b>Wallenpaupack Area School District Curriculum</b>            |                              |
| <b>COURSE: Family and Consumer Science 7<sup>th</sup> Grade</b> | <b>GRADE/S: 7</b>            |
| <b>UNIT 2: Nutrition</b>  | <b>TIMEFRAME: 10 classes</b> |

**PA COMMON CORE/NATIONAL STANDARDS:**

**11.3.6.C Analyze factors that effect food choices.**

**11.3.6.D Describe a well-balanced daily menu using the dietary guidelines and the food guide pyramid.**

**11.3.6.E Explain the relationship between calories, nutrient and food input versus energy output; describe digestion.**

**UNIT OBJECTIVES (SWBATS):**

**Students will be able to determine the importance of nutrition and wellness as it relates to life long learning.**

**Students will be able to read and understand the Food Label.**

**INSTRUCTIONAL STRATEGIES/ACTIVITIES:**

- Note taking
- Homework
- Cooperative learning
- Peer interaction
- Modeling
- Active participation
- Hands on learning
- Brainstorming
- Problem Solving

**ANCHOR VOCABULARY:**

- Nutrition
- Nutrients
- Calories
- Malnutrition
- Protein
- Fats
- Carbohydrates
- Vitamins
- Minerals
- Calcium
- Body composition
- Energy balance
- Eating disorders

- Anorexia Nervosa
- Bulimia Nervosa
- Body Mass Index (BMI)
- MyPlate

**ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):**

- CDTS (Diagnostic)
- Keystones (Summative)
- Formative assessments
- Classroom participation
- Classroom observations
- Teacher observation

**EVIDENCE OF MASTERY/Cut Score (Keystone Exam):**

Students will show growth of their knowledge in Nutrition and reading Food Labels with a final grade of 85% or better.

**DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)**

- Appropriate accommodations based on the student's IEP/504 Plan

**RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):**

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**RESOURCE SPECIFIC VOCABULARY:**

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