



Menu Subject to Change

Free Lunch Daily for ALL Students
 Students must choose at least 3 of the 5 items listed to qualify

- as a Lunch
- Meat/Meat Alternative**
- Vegetable**
- Bread/Roll**
- Fruit**
- Milk**

1 item MUST be 1/2 cup fruit or vegetable

Daily Entrée Choices-Choose 1:

- Main Hot Item**
- PBJ Sandwiches**
- Pizza**

Yogurt, String Cheese, Crackers
Grab & Go Deli Item of the week-

- Week 1:** Italian Sandwich
- Week 2:** Salami & Cheese
- Week 3:** BUCK Box
- Week 4:** Turkey & Cheese
- Week 5:** Ham & Cheese

- Choice of Hot & Fresh Vegetables
- Choice of Fresh or Canned Fruit
- Choice of 1% White or Chocolate

Fat-Free White

Milk \$0.75

Adult Lunch Price

\$5.00

Entrees are \$2.75 with no fruit or vegetable

Additional entrees may be purchased in addition to your free complete lunch.

This institution is an equal opportunity provider

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WASD South Elementary School April 2024 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Don't forget, BREAKFAST AND LUNCH are free for all students!	2 Burger Bar! Burger 23 with Fixins! Baby Carrots 12 French Fries 20 Applesauce 14	3 WG Chicken Tenders 16 Bow Ties 42 Cheese Sauce Broccoli 5 Caesar Salad 10 Mixed Fruit 15	4 Beef Tacos 39 Lettuce, Tomato, Cheese, Salsa Mexicali Corn 9 Pears 15	5 Bosco Sticks 17 Marinara Sauce 10 Roasted Carrots 10 Spinach Salad 17 Peaches15
8 Buck Bowl! Popcorn Chicken Mashed Potato Bowl 135 Mashed Potatoes & Corn Gravy & Cheddar Cheese Applesauce 14	9 Chicken & Cheese Quesadilla 35 WG Rice Pilaf 26 Sour Cream Black Bean & Corn Salsa12 Lettuce 1, Tomato 1 Mixed Fruit 15	10 Chicken Parmesan over WG Pasta 46 Orange Glazed Sweet Potatoes 24 Garlic Bread 14 Pears 15	11 Chicken Patty on a Bun 23 French Fries 20 Mixed Fruit 15	12 Grilled Cheese Day! WG Grilled Cheese 28 Tomato Soup 10 Mixed Veggies 15 Crackers 14 Pears 15
15 Glazed Ham 10 Roasted Carrots 10 Scalloped Potatoes 25 Applesauce 14	16 WG Pasta with Meat Sauce 61 Garlic Bread 14 Caesar Salad 10 Mixed Fruit 15	17 French Bread Pizza 29 Chick Pea Salad 19 Chicken Noodle Soup 17 Strawberries & Cream 30	18 Animal Cracker Birthday Corn Dog Nuggets 30 Animal Crackers Peas & Carrots 10 Strawberries 30	19 Mozzarella Sticks 32 Marinara Sauce 10 Kale Apple Salad 10 Sweet Potato Fries 19 Banana Pudding 23 Banana Day!
22 Sloppy Joe on a Bun 11 Spring Salad 12 Roasted Mushrooms 4 Peaches 15	23 Chicken & Asparagus Pasta 15 WG Dinner Roll 19 Glazed Carrots 10 Strawberries 30	24 Brunch for Lunch French Toast Sticks 35 Sausage Patty 1 Hash Brown 31 Warm Cinnamon Apples 9	25 Beef Tacos 39 Lettuce, Tomato, Cheese, Salsa Mexicali Corn 9 Applesauce 14	26 Pretzel Day Hot Ham & Cheese on a Pretzel Bun 39 Pesto White Bean Salad 28 Peaches 15
29 WG Chicken 20 Waffles Roasted Sweet Potatoes 26 Applesauce 14	30 Oatmeal Cookie Day! Chicken Patty on a Bun 23 Roasted Broccoli 10 Peaches 15 Oatmeal Cookie 25			South Elementary Manager GeJa Richards richarge@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org