

Wallenpaupack Area North Intermediate School

January 2025 Breakfast Menu

Menu Subject to Change

Free Breakfast Daily for ALL Students

Students must choose at least **3 items** listed to qualify as a breakfast
Meat/Meat Alternative
Vegetable
Bread/Roll

Fruit
Milk

*1 item **MUST** be
1/2 cup
fruit or vegetable*

Breakfast Entrée: \$2.75

Adult Breakfast: \$3.00

Milk: \$0.75

Juice/Fruit: \$0.50

Daily Breakfast Offerings

Choice of Entrée:

Hot Item of the Day

Assorted Whole Grain Cereals

Cereal Bars and Pop Tarts

Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit


100% Fruit Juice

Choice of Milk:

1% White or Chocolate

Fat-Free White

*This Institution is an equal
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
North Intermediate School Manager Peggy Cinerar cinera@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org	Oatmeal Month! 	Join us for breakfast in January and get a chance to win a Fandango Movie gift card!	2 WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	3 Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk
6 WG Donuts 38 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	7 Buck McMuffin 30 Ham, Egg & Cheese on an English Muffin 100% Assorted Juice Choice of Fruit Choice of Milk	8 Baked Blueberry Oatmeal 42 100% Assorted Juice Choice of Fruit Choice of Milk	9 Pumpkin Pie Parfait 53 HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	10 Bacon, Egg & Cheese on an English Muffin 23 100% Assorted Juice Choice of Fruit Choice of Milk
13 WG Donuts 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	14 Blueberry French Toast Bake 32 100% Assorted Juice Choice of Fruit Choice of Milk	15 Bagel Day! Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	16 WG Frudel 38, HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	17 Egg & Cheese Sandwich 100% Assorted Juice Choice of Fruit Choice of Milk
20 No School	21 WG Waffles 35 100% Assorted Juice Choice of Fruit Choice of Milk	22 Breakfast Fried Rice 38 100% Assorted Juice Choice of Fruit Choice of Milk	23 Banana Split Parfait 70 HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	24 In-Service Day
27 Old Fashioned Apple Pie Oatmeal 33 100% Assorted Juice Choice of Fruit Choice of Milk	28 Fiesta Beef Breakfast Nachos 45 100% Assorted Juice Choice of Fruit Choice of Milk	29 WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	30 WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	31 Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk