

Wallenpaupack Area North Intermediate School

January 2025 Breakfast Menu

Menu Subject to Change

Free Breakfast Daily for ALL Students

Students must choose at least **3 items listed** to qualify as a breakfast

Meat/Meat Alternative
Vegetable

Bread/Roll

Fruit

Milk

1 item MUST be

1/2 cup

fruit or vegetable

Breakfast Entrée: \$2.75

Adult Breakfast: \$3.00

Milk: \$0.75

Juice/Fruit: \$0.50

Daily Breakfast Offerings

Choice of Entrée:

Hot Item of the Day

Assorted Whole Grain Cereals

Cereal Bars and Pop Tarts

Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit

100% Fruit Juice

Choice of Milk:

1% White or Chocolate

Fat-Free White

*This Institution is an equal
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>North Intermediate School Manager Peggy Cinerar cinerama@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org</p>	Oatmeal Month!		<p>2 WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>3 Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>6 WG Donuts 38 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>7 Buck McMuffin 30 Ham, Egg & Cheese on an English Muffin 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>8 Baked Blueberry Oatmeal 42 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>9 Pumpkin Pie Parfait 53 HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>10 Bacon, Egg & Cheese on an English Muffin 23 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>13 WG Donuts 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>14 Blueberry French Toast Bake 32 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>15 Bagel Day! Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>16 WG Frudel 38, HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>17 Egg & Cheese Sandwich 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>20 No School</p>	<p>21 WG Waffles 35 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>22 Breakfast Fried Rice 38 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>23 Banana Split Parfait 70 HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>24 In-Service Day</p>
<p>27 Old Fashioned Apple Pie Oatmeal 33 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>28 Fiesta Beef Breakfast Nachos 45 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>29 WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>30 WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>31 Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk</p>