

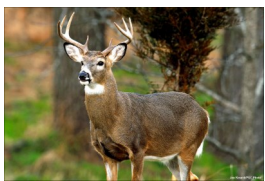


Wallenpaupack Area South Elementary School

SHINE November 2022 Supper Menu



Menu Subject to Change

Mon	Tue	Wed	Thu
<p>31 Happy Halloween! Ham Egg and Cheese Sandwiches, Home Fries Peach Cups</p>	<p>1 Chicken Nuggets WG Dinner Roll Mixed Vegetables Baby Carrots Mixed Fruit</p>	<p>2 Hamburger or Cheese Burger on a WG Bun Romaine/Tomato/Pickles Curly Fries Peach Slices</p>	<p>3 Walking Taco with Tortilla Chips Lettuce/cheese cup Diced Tomatoes/Salsa Steamed Corn Peaches</p>
<p>7 Walking Taco with Tortilla Chips Lettuce/cheese cup Salsa Steamed Corn Pear Slices</p>	<p>8 Chicken Patty Spicy or Regular on a WG Bun Romaine/Tomato/Cheese French Fries Peaches</p>	<p>9 WG Toasted Cheese Sandwich Tomato Soup WG Goldfish Crackers Cucumber Slices Mandarin Oranges</p>	<p>10 WG Wedge Pizza Green Beans Fresh Pepper Strips Farm Fresh Apples</p>
<p>14 Soft/Hard Taco Lettuce/cheese cup Black Bean Salsa Steamed Corn Pears</p>	<p>15 Kielbasa Sausage Pierogies & Onions Steamed Peas Farm Fresh Apples</p>	<p>16 Roasted Turkey & Gravy Mashed Potatoes & Stuffing Glazed Carrots WG Dinner Roll Pumpkin Pie</p>	<p>17 Stuffed Mozzarella Breadsticks Marinara Sauce Caesar Salad Chicken Noodle Soup Applesauce</p>
<p>21 Nachos Grande Lettuce/cheese cup Salsa Steamed Corn Pears</p>	<p>22</p> 		
<p>28</p> 	<p>29 Ribby Q Sandwich Twister Fries Baked Beans Applesauce</p>	<p>30 French Toast Sticks Syrup Sausage Patty Home Fries Peach Slices</p>	<p>1 WG Wedge Pizza Roasted Broccoli Fresh Pepper Strips Farm Fresh Apples</p>