

Wallenpaupack Area Middle School

November 2024 Breakfast Menu

Menu Subject to Change

Free Breakfast Daily for ALL Students

Students must choose at least **3 items** listed to qualify as a breakfast
Meat/Meat Alternative
Vegetable
Bread/Roll

Fruit
Milk

1 item MUST be
1/2 cup
fruit or vegetable

Breakfast Entrée: \$2.75
Adult Breakfast: \$3.00
Milk \$0.75
Juice/Fruit \$0.50

Daily Breakfast Offerings

Choice of Entrée:

Hot Item of the Day
Assorted Whole Grain Cereals
Cereal Bars and Pop Tarts
Whole Grain Bagels





Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit
100% Fruit Juice

Choice of Milk:

1% White or Chocolate
Fat-Free White

*This Institution is an equal
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
				1 National Cinnamon Day WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk
4 WG Donuts 38 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	5 Buck McMuffin 30 Ham, Egg & Cheese on an English Muffin 100% Assorted Juice Choice of Fruit Choice of Milk	6 WG Pancakes 35 100% Assorted Juice Choice of Fruit Choice of Milk	7 Yogurt 12, HB Egg 2 Crackers 100% Assorted Juice Choice of Fruit Choice of Milk	8 Bacon, Egg & Cheese on an English Muffin 23 100% Assorted Juice Choice of Fruit Choice of Milk
11 WG Donuts 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	12 Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	13 WG French Toast 38 100% Assorted Juice Choice of Fruit Choice of Milk	14 WG Frudel 38, HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	15 Egg & Cheese Sandwich 100% Assorted Juice Choice of Fruit Choice of Milk
18 Sausage Pancake Stick 23 100% Assorted Juice Choice of Fruit Choice of Milk	19 WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	20 WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	21 Yogurt 12, HB Egg 2 Crackers 100% Assorted Juice Choice of Fruit Choice of Milk	22 Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk
25 Breakfast Pizza 26 100% Assorted Juice Choice of Fruit Choice of Milk	26 Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	27 WG Waffles 35 100% Assorted Juice Choice of Fruit Choice of Milk		Middle School Manager Shannon Marchetti marchesh@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org 570-226-4557