

Don't forget about
the breakfast kiosk!
Grab your breakfast on your
way into school and go!

Wallenpaupack Area Middle School

October 2024 Breakfast Menu



Menu Subject to Change

Free Breakfast Daily for ALL Students

Students must choose at
least **3 items listed** to
qualify as a breakfast
Meat/Meat Alternative
Vegetable
Bread/Roll

Fruit
Milk

1 item MUST be
1/2 cup
fruit or vegetable

Breakfast Entrée: \$2.75
Adult Breakfast: \$3.00
Milk \$0.75
Juice/Fruit \$0.50

Daily Breakfast Offerings

Choice of Entrée:

Hot Item of the Day
Assorted Whole Grain Cereals
Cereal Bars and Pop Tarts
Whole Grain Bagels

Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit
100% Fruit Juice

Choice of Milk:

1% White or Chocolate
Fat-Free White

*This Institution is an equal
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
30 Breakfast Pizza 26 100% Assorted Juice Choice of Fruit Choice of Milk	1 WG Muffins 23 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	2 Sausage Pancake Stick 23 100% Assorted Juice Choice of Fruit Choice of Milk	3 Create Your Own Breakfast 100% Assorted Juice Tropical Fruit Salad Choice of Milk	4 Ham & Cheese on a Croissant 30 100% Assorted Juice Choice of Fruit Choice of Milk
7 WG Donuts 38 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	8 WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	9 WG Pancakes 35 100% Assorted Juice Choice of Fruit Choice of Milk	10 Yogurt Bar 100% Assorted Juice Choice of Fruit Choice of Milk	11 Buck McMuffin 30 Ham, Egg & Cheese on an English Muffin 100% Assorted Juice Choice of Fruit Choice of Milk
14 No School	15 Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	16 WG French Toast 38 Choice of Fruit Choice of Milk	17 Create Your Own Breakfast 100% Assorted Juice Choice of Fruit Choice of Milk	18 Sausage & Cheese Sandwich 100% Assorted Juice Choice of Fruit Choice of Milk
21 Sausage Pancake Stick 23 100% Assorted Juice Choice of Fruit Choice of Milk	22 WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	23 WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	24 Yogurt Bar 100% Assorted Juice Choice of Milk	25 Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk
28 Breakfast Pizza 26 100% Assorted Juice Choice of Fruit Choice of Milk	29 Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	30 WG Waffles 35 100% Assorted Juice Choice of Fruit Choice of Milk	31 Create Your Own Breakfast 100% Assorted Juice Choice of Fruit Choice of Milk	Middle School Manager Shannon Marchetti marchesh@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org 570-226-4557