



Wallenpaupack Area North Intermediate School

October 2024 Breakfast Menu



Menu Subject to Change

Free Breakfast Daily for ALL Students

Students must choose at least **3 items listed** to qualify as a breakfast

- Meat/Meat Alternative**
- Vegetable**
- Bread/Roll**
- Fruit**
- Milk**

*1 item MUST be
1/2 cup
fruit or vegetable*

Breakfast Entrée: \$2.75
Adult Breakfast: \$3.00
Milk: \$0.75
Juice/Fruit: \$0.50

Daily Breakfast Offerings

Choice of Entrée:

Hot Item of the Day

Assorted Whole Grain Cereals

Cereal Bars and Pop Tarts

Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit

100% Fruit Juice

Choice of Milk:

1% White or Chocolate

Fat-Free White

*This Institution is an equal
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
30 Breakfast Pizza 26 100% Assorted Juice Choice of Fruit Choice of Milk	1 WG Muffins 23 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	2 Sausage Pancake Stick 23 100% Assorted Juice Choice of Fruit Choice of Milk	3 WG Frudel 38, HB Egg 2 100% Assorted Juice Tropical Fruit Salad Choice of Milk	4 Buck McMuffin 30 Ham, Egg & Cheese on an English Muffin 100% Assorted Juice Choice of Fruit Choice of Milk
7 WG Donuts 38 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	8 WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	9 WG Pancakes 35 100% Assorted Juice Choice of Fruit Choice of Milk	10 Yogurt 12, HB Egg 2 Crackers 100% Assorted Juice Choice of Fruit Choice of Milk	11 Bacon, Egg & Cheese on an English Muffin 23 100% Assorted Juice Choice of Fruit Choice of Milk
14 No School	15 Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	16 WG French Toast 38 Choice of Fruit Choice of Milk	17 WG Frudel 38, HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	18 Egg & Cheese Sandwich Choice of Fruit Choice of Milk
21 Sausage Pancake Stick 23 100% Assorted Juice Choice of Fruit Choice of Milk	22 WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	23 WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	24 Yogurt 12, HB Egg 2 Crackers 100% Assorted Juice Choice of Milk	25 Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk
28 Breakfast Pizza 26 100% Assorted Juice Choice of Fruit Choice of Milk	29 Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	30 WG Waffles 35 100% Assorted Juice Choice of Fruit Choice of Milk	31 WG Donuts 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	North Intermediate School Manager Peggy Cinerar cinerama@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org 570-226-4557