



# Wallenpaupack Area North Primary School

## October 2024 Breakfast Menu



*Menu Subject to Change*

### Free Breakfast Daily for ALL Students

Students must choose at least **3 items listed** to qualify as a breakfast

- Meat/Meat Alternative**
- Vegetable**
- Bread/Roll**
- Fruit**
- Milk**

*1 item MUST be  
1/2 cup  
fruit or vegetable*

**Breakfast Entrée: \$2.75**  
**Adult Breakfast: \$3.00**  
**Milk: \$0.75**  
**Juice/Fruit: \$0.50**

### Daily Breakfast Offerings

**Choice of Entrée:**

- Hot Item of the Day
- Assorted Whole Grain Cereals
- Cereal Bars and Pop Tarts

**Choice of Fruit/Juice:**

- Assorted Fresh or Canned Fruit
- 100% Fruit Juice

**Choice of Milk:**

- 1% White or Chocolate
- Fat-Free White

*This Institution is an equal  
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> Breakfast Pizza 26 100% Assorted Juice Choice of Fruit Choice of Milk	<b>1</b> WG Muffins 23 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	<b>2</b> Sausage Pancake Stick 23 100% Assorted Juice Choice of Fruit Choice of Milk	<b>3</b> WG Frudel 38, HB Egg 2 100% Assorted Juice Tropical Fruit Salad Choice of Milk	<b>4</b> Buck McMuffin 30 Ham, Egg & Cheese on an English Muffin 100% Assorted Juice Choice of Fruit Choice of Milk
<b>7</b> WG Donuts 38 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	<b>8</b> WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	<b>9</b> WG Pancakes 35 100% Assorted Juice Choice of Fruit Choice of Milk	<b>10</b> Yogurt 12, HB Egg 2 Crackers 100% Assorted Juice Choice of Fruit Choice of Milk	<b>11</b> Bacon, Egg & Cheese on an English Muffin 23 100% Assorted Juice Choice of Fruit Choice of Milk
<b>14</b>  No School	<b>15</b> Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	<b>16</b> WG French Toast 38 Choice of Fruit Choice of Milk	<b>17</b> WG Frudel 38, HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	<b>18</b> Egg & Cheese Sandwich Choice of Fruit Choice of Milk
<b>21</b> Sausage Pancake Stick 23 100% Assorted Juice Choice of Fruit Choice of Milk	<b>22</b> WG Muffins 23 & HB Egg 2 100% Assorted Juice Choice of Fruit Choice of Milk	<b>23</b> WG Cinnamon Rolls 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	<b>24</b> Yogurt 12, HB Egg 2 Crackers 100% Assorted Juice Choice of Milk	<b>25</b> Ham, Egg, Cheese on a WG Croissant 32 100% Assorted Juice Choice of Fruit Choice of Milk
<b>28</b> Breakfast Pizza 26 100% Assorted Juice Choice of Fruit Choice of Milk	<b>29</b> Bagel & Cream Cheese 26 100% Assorted Juice Choice of Fruit Choice of Milk	<b>30</b> WG Waffles 35 100% Assorted Juice Choice of Fruit Choice of Milk	<b>31</b> WG Donuts 38 & String Cheese 2 100% Assorted Juice Choice of Fruit Choice of Milk	<p style="color: magenta;"><b>North Primary Manager</b> Denise Steuhl steuhlde@wallenpaupack.org</p> <p><b>Director of Food Service</b> Heather Fedoryk, RDN fedoryhe@wallenpaupack.org</p>