

# Wallenpaupack Area High School September 2024 Breakfast Menu

*Menu Subject to Change*

## Free Breakfast Daily for ALL Students

Students must choose at least **3 items** listed to qualify as a breakfast

- Meat/Meat Alternative**
- Vegetable**
- Bread/Roll**
- Fruit**
- Milk**

**1 item MUST be  
1/2 cup  
fruit or vegetable**

**Breakfast Entrée: \$2.75**

**Coffee: \$2.00**

**Adult Breakfast: \$3.00**

**Milk \$0.75 Juice/Fruit \$0.50**

### Daily Breakfast Offerings



#### Choice of Entrée:

- Hot Breakfast Pizza Daily
- Hot Item of the Day
- Assorted Whole Grain Cereals
- Cereal Bars and Pop Tarts
- Whole Grain Bagels

#### Choice of Fruit/Juice:

- Assorted Fresh or Canned Fruit
- 100% Fruit Juice
- Choice of Milk:**
- 1% White or Chocolate
- Fat-Free White

*This Institution is an equal  
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>High School Manager Dana Anolfo anolfoda@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org</i></p>	<p><b>Don't forget about the breakfast kiosk! Grab your breakfast on your way into school and go!</b></p>			
 <p>Labor Day</p>	<p><b>3 Welcome Back!</b> WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>4</b> Sausage, Egg, Cheese on a Bagel 100% Assorted Juice Choice of Milk</p>	<p><b>5</b> Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>6</b> Mini Pancakes 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p><b>9</b> Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>10</b> Breakfast Burrito 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>11</b> Ham, Egg, Cheese on an English Muffin 100% Assorted Juice Choice of Milk</p>	<p><b>12</b> Breakfast Bowl Scrambled Eggs &amp; Tator Tots with Sausage &amp; Cheese 100% Assorted Juice Choice of Milk</p>	<p><b>13</b> Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p><b>16</b> Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>17</b> WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>18</b> Bacon, Egg, Cheese On a Bun 100% Assorted Juice Choice of Milk</p>	<p><b>19</b> Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>20</b> WG Churros 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p><b>23</b> Breakfast Burrito 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>24</b> Mini Pancakes 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>25</b> Sausage, Egg, Cheese On a Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>26</b> Breakfast Bowl Scrambled Eggs &amp; Tator Tots with Sausage &amp; Cheese 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>27</b> Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>