

Wallenpaupack Area Middle School September 2024 Breakfast Menu

Menu Subject to Change

Free Breakfast Daily for ALL Students

Students must choose at least **3 items** listed to qualify as a breakfast
Meat/Meat Alternative
Vegetable
Bread/Roll

Fruit
Milk

1 item MUST be
1/2 cup
fruit or vegetable

Breakfast Entrée: \$2.75
Adult Breakfast: \$3.00
Milk \$0.75
Juice/Fruit \$0.50

Daily Breakfast Offerings

Choice of Entrée:

Hot Item of the Day
Assorted Whole Grain Cereals
Cereal Bars and Pop Tarts
Whole Grain Bagels




Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit
100% Fruit Juice

Choice of Milk:

1% White or Chocolate
Fat-Free White

*This Institution is an equal
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Middle School Manager Shannon Marchetti marchesh@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org 570-226-4557</p>	<p>Don't Forget: Breakfast is FREE for all students!</p>			
 Labor Day	<p>3 Welcome Back! Mini Cinni 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>4 Egg & Cheese Sandwich 100% Assorted Juice Choice of Milk</p>	<p>5 Mini Pancake 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>6 Bagel & Cream Cheese 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>9 Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>10 Yogurt & Crackers 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>11 Ham, Egg, Cheese on an English Muffin 100% Assorted Juice Choice of Milk</p>	<p>12 Breakfast Bowl Scrambled Eggs & Tator Tots with Sausage & Cheese 100% Assorted Juice Choice of Milk</p>	<p>13 Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>16 Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>17 WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>18 Bacon, Egg, Cheese On a Bun 100% Assorted Juice Choice of Milk</p>	<p>19 Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>20 WG Churros 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>23 Breakfast Burrito 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>24 Mini Pancakes 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>25 Sausage, Egg, Cheese On a Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>26 Breakfast Bowl Scrambled Eggs & Tator Tots with Sausage & Cheese 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>27 Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>