

Wallenpaupack Area North Intermediate School

September 2024 Breakfast Menu

Menu Subject to Change

Free Breakfast Daily for ALL Students

Students must choose at least **3 items** listed to qualify as a breakfast

- Meat/Meat Alternative**
- Vegetable**
- Bread/Roll**
- Fruit**
- Milk**

**1 item MUST be
1/2 cup
fruit or vegetable**

Breakfast Entrée: \$2.75
Adult Breakfast: \$3.00
Milk: \$0.75
Juice/Fruit: \$0.50

Daily Breakfast Offerings

Choice of Entrée:

Hot Item of the Day
Assorted Whole Grain Cereals
Cereal Bars and Pop Tarts




Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit
100% Fruit Juice

Choice of Milk:

1% White or Chocolate
Fat-Free White

*This Institution is an equal
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">North Intermediate School Manager Peggy Cinerar cinerama@wallenpaupack.org</p> <p style="text-align: center;">Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org</p>	<p style="text-align: center;">Don't Forget: Breakfast is FREE for all students!</p>			
 Labor Day	<p style="text-align: center;">3 Welcome Back! Mini Cinni 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">4 Egg & Cheese Sandwich 100% Assorted Juice Choice of Milk</p>	<p style="text-align: center;">5 Mini Pancake 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">6 Bagel & Cream Cheese 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p style="text-align: center;">9 Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">10 Yogurt & Crackers 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">11 Ham, Egg, Cheese on an English Muffin 100% Assorted Juice Choice of Milk</p>	<p style="text-align: center;">12 Breakfast Bowl Scrambled Eggs & Tator Tots with Sausage & Cheese 100% Assorted Juice Choice of Milk</p>	<p style="text-align: center;">13 Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p style="text-align: center;">16 Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">17 WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">18 Bacon, Egg, Cheese On a Bun 100% Assorted Juice Choice of Milk</p>	<p style="text-align: center;">19 Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">20 WG Churros 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p style="text-align: center;">23 Breakfast Burrito 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">24 Mini Pancakes 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">25 Sausage, Egg, Cheese On a Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">26 Breakfast Bowl Scrambled Eggs & Tator Tots with Sausage & Cheese 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p style="text-align: center;">27 Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>