

# Wallenpaupack Area North Primary School

## September 2024 Breakfast Menu

*Menu Subject to Change*

### Free Breakfast Daily for ALL Students

Students must choose at least **3 items** listed to qualify as a breakfast

- Meat/Meat Alternative**
- Vegetable**
- Bread/Roll**
- Fruit**
- Milk**

**1 item MUST be  
1/2 cup  
fruit or vegetable**

**Breakfast Entrée: \$2.75**  
**Adult Breakfast: \$3.00**  
**Milk: \$0.75**  
**Juice/Fruit: \$0.50**

### Daily Breakfast Offerings

#### Choice of Entrée:

Hot Item of the Day  
Assorted Whole Grain Cereals  
Cereal Bars and Pop Tarts



#### Choice of Fruit/Juice:

Assorted Fresh or Canned Fruit  
100% Fruit Juice

#### Choice of Milk:

1% White or Chocolate  
Fat-Free White

*This Institution is an equal  
opportunity provider*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>North Primary Manager</b> Teresa Benetos beneteot@wallenpaupack.org</p> <p><b>Director of Food Service</b> Heather Fedoryk, RDN fedoryhe@wallenpaupack.org 570-226-4557</p>				
 Labor Day	<p><b>3 Welcome Back!</b> Sausage Pancake Stick 16 100% Assorted Juice Choice of Fruit</p>	<p><b>4</b> WG Pancakes 35 100% Assorted Juice Choice of Milk</p>	<p><b>5</b> Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>6</b> WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p><b>9</b> Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>10</b> Yogurt 12, WG Grahams, Fresh Apple 8 100% Assorted Juice Choice of Fruit</p>	<p><b>11</b> WG Pancakes 35 100% Assorted Juice Choice of Milk</p>	<p><b>12</b> WG Muffin 100% Assorted Juice Choice of Milk</p>	<p><b>13</b> Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p><b>16</b> Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>17</b> WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>18</b> Mini Cinni 100% Assorted Juice Choice of Milk</p>	<p><b>19</b> Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>20</b> WG Churros 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p><b>23</b> WG Bagel 14, HB Egg, Apple Slices 7 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>24</b> Mini Pancakes 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>25</b> WG Soft Pretzel 14, String Cheese, Apple Slices 7 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>26</b> WG Donuts 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p><b>27</b> Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>