

Wallenpaupack Area South Elementary School

September 2024 Breakfast Menu

Menu Subject to Change

Free Breakfast in the Classroom Daily for ALL Students

Students must choose at least **3 items** listed to qualify as a breakfast
Meat/Meat Alternative

- Vegetable**
- Bread/Roll**
- Fruit**
- Milk**

1 item MUST be 1/2 cup fruit or vegetable

Breakfast Entrée: \$2.75
Adult Breakfast: \$3.00
Milk: \$0.75
Juice/Fruit: \$0.50

Daily Breakfast Offerings



Choice of Entrée:

- Hot Item of the Day
- Assorted Whole Grain Cereals
- Cereal Bars and Pop Tarts

Choice of Fruit/Juice:

- Assorted Fresh or Canned Fruit
- 100% Fruit Juice
- Choice of Milk:**
- 1% White or Chocolate
- Fat-Free White

This Institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p>South Elementary Manager GeJa Richards richarge@wallenpaupack.org</p> <p>Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org</p>				
 Labor Day	<p>3 Welcome Back! Sausage Pancake Stick 16 100% Assorted Juice Choice of Fruit</p>	<p>4 WG Pancakes 35 100% Assorted Juice Choice of Milk</p>	<p>5 Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>6 WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>9 Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>10 Yogurt 12, WG Grahams, Fresh Apple 8 100% Assorted Juice Choice of Fruit</p>	<p>11 WG Pancakes 35 100% Assorted Juice Choice of Milk</p>	<p>12 WG Muffin 100% Assorted Juice Choice of Milk</p>	<p>13 Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>16 Mini French Toast 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>17 WG Glazed Donut 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>18 Mini Cinni 100% Assorted Juice Choice of Milk</p>	<p>19 Mini Waffles 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>20 WG Churros 100% Assorted Juice Choice of Fruit Choice of Milk</p>
<p>23 WG Bagel 14, HB Egg, Apple Slices 7 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>24 Mini Pancakes 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>25 WG Soft Pretzel 14, String Cheese, Apple Slices 7 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>26 WG Donuts 100% Assorted Juice Choice of Fruit Choice of Milk</p>	<p>27 Sausage Pancake Stick 100% Assorted Juice Choice of Fruit Choice of Milk</p>