

# Wallenpaupack Area School District Wellness Committee Meeting

Tuesday, October 12, 2021

3:00 pm-Zoom Meeting

## Meeting Summary

- Keith Gunuskey introduced Heather Fedoryk, she is replacing Brenda Zeiler who is retiring. A dietetic intern from Cedar Crest joined the meeting. All members introduced themselves to the group.
- Brenda and Heather reviewed the required triennial wellness assessment tool. Once updated, this will be posted on our website under the wellness tab.
  - No changes to Public Involvement, Notification, and Assessment
  - Nutrition Education-WIN, SHINE, Fresh Fruit & Veg programs were added as well as nutrition education in 10<sup>th</sup> grade health class. All bullet points are fully in place.
  - Nutrition Promotion-
- A discussion was held on our current wellness practices
- Keith updated the group on the wellness response to COVID-19